

OnCall for Vermont offers two types of opportunities for health focused volunteering, training, and response—Medical Reserve Corps and Emergency Medical Services. OnCall for Vermont needs your help. Today.







Protect the health of your community.

Join. Train. Respond.





>> HOW TO VOLUNTEER

To keep our Vermont communities strong, safe, and healthy we need EMS and MRC volunteers.

The first step is to visit **OnCallforVT.org** to learn more about both opportunities.





Vermont needs more volunteers who are prepared to make a difference in public health.

Does it take an extensive medical background to volunteer? *Not at all*. In fact, all we ask is that you meet the challenge, step up, and volunteer.



Vermont's EMS volunteers often see people on the worst day of their lives providing timely care to help Vermonters in their most critical times of need.

The experience of an EMS volunteer is defined by dynamic situations they encounter. These unpredictable situations require a high level of leadership and coordinated teamwork—a cornerstone of the EMS experience. And while EMS certification can lead to a full-time career, the vast majority are your friends and neighbors—members of the community who volunteer and contribute when they can.

WHAT TO EXPECT

As an EMS volunteer, you will experience a number of practical and personal benefits, including:

- A professional development opportunity fueled by teamwork and camaraderie
- A means of gaining clinical experience supported by both classroom and hands-on skills training
- A meaningful and structured outlet for your passion to give back to the community
- A balanced and flexible approach to volunteering that fits alongside the other important aspects of your life







Vermont's Medical Reserve Corps units are communitybased groups of volunteers who supplement local emergency and public health resources with their existing skills.

They receive training in emergency preparedness, prepare for and respond to emergencies, and support Health Department initiatives. MRC volunteers come from a variety of backgrounds (medical and non-medical) and contribute as much time as their schedules allow. Some volunteers take pride in putting it on their resume, and others find satisfaction from putting their skills to good use to benefit others.

WHAT TO EXPECT

MRC volunteers provide much-needed help and support in a number of ways.

A few of these include:

- Emergency preparedness and disaster response
- First aid during large sporting events or other large public gatherings
- Vaccination clinics, public health outreach and health screenings
- Preparedness outreach to vulnerable community members



